

Handcrafted Art Journaling

Daily Journal Prompts

Here are some ideas for your journals, things that you can draw and questions you can write about. If you have other ideas, feel free to write or draw about those instead. Your journal is about your thoughts.

Week 1 (March 30 – April 3)

- **Monday:** What is your favorite animal? Why is this animal your favorite?
- **Tuesday:** If you could go anywhere in the world, where would you go and why?
- **Wednesday:** What would you rather be doing right now?
- **Thursday:** What is your earliest memory? How does it make you feel?
- **Friday:** Close your eyes and draw a doodle. Then, make something out of it!

Week 2 (April 6 – 10)

- **Monday:** If you could have an unlimited supply of anything, what would it be and why?
- **Tuesday:** If I could rename 10 different crayon colors, they would be called...
- **Wednesday:** Write a poem about where you live.
- **Thursday:** What's your favorite thing to do in Waterbury?
- **Friday:** What scares you? Why does it scare you?

Week 3 (April 13 – 17)

- **Monday:** What makes you happy when you feel scared?
- **Tuesday:** What does kindness mean to you? Who has been kind to you?
- **Wednesday:** What is your favorite food? How would you feel if you couldn't eat it anymore?
- **Thursday:** If I was in the circus, I would be a...
- **Friday:** Write a story about a magical tree. What would it look like?

Week 4 (April 20 – 24)

- **Monday:** What do you want to be when you grow up?
- **Tuesday:** Who is your role model? Why are they your role model?
- **Wednesday:** What is your favorite subject in school?
- **Thursday:** What does your bedroom look like? What is your favorite thing to do in there?
- **Friday:** If I could create a new creature it would be called a...

Week 5 (April 27 – May 1)

- **Monday:** If you could invent something, what would it be and why?
- **Tuesday:** What does your family look like? Who did you draw in your family and why?
- **Wednesday:** Would you rather live in a desert or in an igloo?
- **Thursday:** Write a poem about your best friend.
- **Friday:** Draw a selfie!

Send your favorite journal entries to Heather@mattmuseum.org!